



## APTW Did It Again!

During the 2018 fiscal year more than 100 guests attended the **SECOND** annual charity **Celebrity Chef Cook Off** on 9-15-18. Helping Achieving Positive Thinking Worldwide improve mental wellness matters to the community!!



### What We Do

Achieving Positive Thinking Worldwide exists to help improve mental wellness through positive thinking. Depression it is a very serious problem. We provide fun and entertaining strategies to people, especially females, who are at risk of accepting depression due to negative factors that can make people feel their lives have no value and no meaning. When people feel positive they can and will achieve their goals, their lives change. The changes ripple outward to those in their households and in their community!

### Positive Accomplishments in 2018

- Ms. Yvette Kelley, Executive Director of APTW was honored by Mayor Steve Ly of Elk Grove!
- Ms. Alexis Watkinson, APTW's Teen Ambassador! flew from Virginia to support our charity event!
- Received positive support from the City of Elk Grove, Walmart and Sam's - Supporting us in 2019!!

**Thanks** to the generosity of our incredible donors, we are recognized in the community! More and more of you are helping APTW address the issues of improving mental wellness in the community, in the state and worldwide. As a result, we are able to attract more Positive Thinkers interested in supporting our projects!

### What's Next?

As a result of the positive support we are able to have more **FREE** charity events! When you have a positive moment visit our website.

<http://www.achievingpositivethinkingworldwide.org>

Better yet volunteer and/or attend the charity events!