



# Positive Minds Connect Newsletter

Volume 8, Number I

Welcome To Our February

## **Quarterly Newsletter!**

Yvette Kelley - Founder/Executive Director

Positive Connections To The World, LLC (PCW)/

Achieving Positive Thinking Worldwide (APTW)

CELEBRITY FASHION SHOW, ELK GROVE, CA - JULY 13, 2019, 6:00PM TO 10:00PM, EDEN GARDENS EVENT CENTER

Enjoy a positive, fun and entertaining afternoon of fashion, celebrities, exhibitors and more! We have asked 3 emerging fashion designers to showcase their positive fashion style to 7 celebrities, community leaders and 400 guests. This is a FREE charity event, FREE parking and FREE refreshments. Admission is FREE with R.S.V.P. R.S.V.P. your positive YES on or before

June 30, 2019, to info@achievingpositivethinkingworldwide.org THEN you will receive your positive electronic flyer/invitation. Also, we have made room for positive thinking exhibitors. For more information and/or to receive the 2-page positive exhibitor agreement email

info@achievingpositivethinkingworldwide.org. No doubt, fear or worry allowed. Join us! See what a room filled with Positive Thinkers looks like! Eclectic! www.achievingpositivethinkingworldwide.org or

www.positiveconnectionstotheworld.com

Donate online at www.achievingpositivethinkingworldwide.org, or by mailing your donations to APTW 5170 Golden Foothills Parkway, El Dorado Hills, CA 95762-9608. Thank you in advance! Be Blessed! Be Positive! Be Amazing!

#### KarenLee Poter - Host of Karen Lee Poter Show & Sex Talk With My Mom Podcast, Greater Chicago Area

Hi my name is KarenLee Poter, a 60 (gasp) year old mom of three, widow, and self-proclaimed COUGAR. I've reframed the negative connotation and transformed it to be a Confident, Older, Unique, Genuine, Assertive and Racy woman. I currently host the Internet talk show, KarenLee Love as well as co-host a podcast with my comic son called, Sex Talk With My Mom. My mission on both platforms is to open the dialogue around relationships and sex in order to eliminate shame and foster positive communication. I began this journey back in 2006 when my husband was murdered by a disgruntled employee. Newly single, I scoured the Internet and found virtually no tips for older women entering the dating world. People shouldn't learn about sex from their peers or porn. I decided to start my YouTube channel for this purpose. Meanwhile, I wrote a book for women who wanted to learn how to get back in the dating scene based on my own personal adventures. We have been ranked on Esquire's Top 10 Sex Podcasts and were featured guests on The Today Show With Megyn Kelly. KarenLee Love can be seen on all social media platforms and on my website <u>www.karenleepoter.com</u>. My book, "A Cougar's Guide To Getting Your Ass Back Out There," can be found on Amazon. Sex Talk With My Mom is on iTunes, Spotify and most podcast apps. http://www.sextalkwithmymom.com

karenleepoter@gmail.com http://www.karenleepoter.com

https://twitter.com/KarenLeePoter

https://www.facebook.com/TheKarenLeePoterShow

http://www.instagram.com/karenleepoter

https://itunes.apple.com/us/podcast/sex-talk-with-my-mom/id10449631

#### Happy Valentine's Day!

#### Angela Harris - Owner, ALHsuccesslines Wellness, Washington, D.C. Metro Area



I founded ALH successlines with the mission to move women and girls towards wellness in the areas of mind (thought, life, and patterns), emotions (emotions and relationships), physical (movement, nutrition) and spiritual (awareness and relating to a person's spirit and peace). As a Christian Counselor, I use the tools of the mental health profession, the truths of spirituality and the wisdom of life experience to help those in need. On my YouTube channel, ALH successlines TV - I share wellness and motivation tips, healthy recipes, fashion and beauty for classy and mature women and lifestyle content. I am the author of a children's book for girls ages 4 to 12 called, Mommy What is a CEO? I have been a featured author and motivational speaker at many events including the Congressional Black Caucus Legislative Conference in Washington, DC., many book related events, churches and other organizations. I created a program called, Successful-You are a CEO where I deliver inspirational content to girls of all ages. The goal for this program is to introduce them to the concept of becoming the CEO of their lives. I have presented this program to organizations including the Girls Scouts, the Boys and Girls Club and college students at American University.

Email: aharris@alhsuccesslines.com Website: http://www.alhsuccesslines.com Children's Book: https://www.alhsuccesslines.com/mommy-what-is-a-ceo-1 YouTube: Channel:

https://www.youtube.com/channel/UCfconu8Nn AtnkX5cVmqt7w? view as=public Instagram: https://www.instagram.com/alhsuccesslines/?hl=en Andrena Sawyer, Entrepreneur, Author & Founder, P.E.R.K. Passion,

#### Experience, Relevance, Knowledge, Baltimore, Maryland

Andrena Sawyer is the President of P.E.R.K. Consulting, an advisory firm for small to mid-sized nonprofits and businesses, and the Founder of the Minority Christian Women Entrepreneurs Network (MCWEN). Originally from Freetown, Sierra Leone, she and her family moved to the United States when she was nine years old due to a civil war that left thousands dead and untold numbers maimed and displaced. She now credits her family's move, during the war, for her interest in human triumph and perseverance. She has since actively worked to mobilize and empower others. For her work with nonprofits and small businesses, she has received numerous awards including The Black Business Review's 40 Under 40, The International Alliance for Women World of Difference 100 Award, the Women Owned Small Business Award by the Associated Black Charities, and the Hope for Africa Leadership in Community Development Award. In addition to her work with entrepreneurs and nonprofits, she is the author of *The Misadventures* of a New Entrepreneur: 5 Things They Won't Teach You in Business School, The Other Side of Assertiveness, Ponder It In Her Heart, and The Long Way Home. Connect with Minority Christian Women Entrepreneurs Network (MCWEN) on **Instagram**, **Facebook** or **Twitter** or at our annual Embracing YOU

### Conference on August 17, 2019. **COLLABORATORS:**

- Yvette Kelley, Founder/Executive Director, Positive Connections To The World, LLC & Achieving Positive Thinking Worldwide, California
- KarenLee Poter, Host of Karen Lee Poter Show & Sex Talk With My Mom Podcast, Greater Chicago Area
- Angela Harris, Owner, ALH successlines Wellness, Washington, D.C. Metro Area
- Andrena Sawyer, Entrepreneur, Author & Founder, P. E. R.K. Consulting, Baltimore, Maryland