

# Positive Minds Connect Newsletter

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## Welcome To Our February

### Quarterly Newsletter!

**Yvette Kelley - Founder/Executive Director**

**Positive Connections To The World, LLC (PCW)/**

**Achieving Positive Thinking Worldwide (APTW) 501(c)3**

There is an important and positive life lesson. No matter how tough you think your life is there is always someone who has to face challenges that are even tougher than yours, mine and ours. Helping others achieve their positive goals this is our positive thinking life's mission and the cause by which we tirelessly champion other Positive Thinkers, like you, to join us. When you have a positive moment we invite you to partner with us too. Thank you VERY much to our positive thinking partners!! Thank you VERY much to our positive thinking donors!! For more details or

<https://www.achievingpositivethinkingworldwide.org/partners>

[www.positiveconnectionstotheworld.com](http://www.positiveconnectionstotheworld.com)

**Online Giving -**

<https://www.achievingpositivethinkingworldwide.org/thankyou> or by mailing

your check to APTW 5170 Golden Foothills Parkway, El Dorado Hills, CA

95762-9608. Thank you in advance! Be Blessed! Be Positive! Be Amazing!

### **CHERESE JERVIS-HILL/Founder Events to Remember, a division of Events by Chereese, Inc. NEW YORK**

Chereese Jervis-Hill, a wife a mom, an entrepreneur, loving life and trying not to take myself too seriously. I'm lucky enough to have a business that celebrates, and I make it my mission to allow my clients the full enjoyment of the moment, without getting caught up with all the details. My business, Events To Remember, a division of Events by Chereese, Inc., was started in April 2004, and is still going strong! We are located in Westchester County - Mount Kisco, NY: (914) 218-3968 <http://www.eventsremember.com>

[@eventplannerNY](https://www.facebook.com/Events.com/Events.NY)

[linkedin.com/in/chereesejervis-hill](https://www.linkedin.com/in/chereesejervis-hill).

Planning occasions can be very stressful, so we make it a point to keep our clients stress free, so they don't lose focus on what's important, the positive person we are celebrating; not the event details! Our Motto - We Coordinate, While You Celebrate! Thanks, Chereese

### **CONNIE PRETULA/Owner of ConniePretula.com, CANADA**

My key turning point was May 18, 2013 when I stepped on stage to present eight months of hard work and dedication in my first body building competition. I was 51 and won third place. Externally, I was in the best physical shape of my life, internally my digestive system had become extremely sensitive, I had no energy and was experiencing severe joint pain. My state of health and the 2013 victory fueled a long held desire to fully understand how our bodies respond to the food and to the lifestyle choices we made. Every challenge and lesson is what has given me the strength and the confidence to follow my passion of nutrition and my dreams of my future "Connie Pretula" business. My business will not be a weight loss or boot camp style retreat. Yoga and meditation will be available, although not the main focus. The focus is on whatever someone needs to feel healthy either physically or mentally while addressing nagging health issues, nurturing healthy eating habits, and transitioning to new lifestyles. A positive contributor for Fresh Vancouver Magazine, I have also spoken as part of the Women's Wellness series, at the The Wellness Show in Vancouver BC. My plan is to approach local women's organizations for guest speaking opportunities to share my story. To learn more about me and my company visit my website.

<https://www.conniepretula.com> [linkedin.com/in/conniepretula](https://www.linkedin.com/in/conniepretula)

[@ConniePretula](https://www.facebook.com/ConniePretula)

604-770-3853

## Happy Valentine's Day!



**Art by Mandy, Artist, DERBY, UNITED KINGDOM**

I'm an artist known as Art by Mandy UK or Art by Mandy. I was born in Derbyshire UK. I'm a self-taught artist. I work in drawings and acrylics and mixed media paintings. I enjoy helping others in need through charitable events by donating my art at least once a year. I've been an artist since a child and became a professional artist in 2007. This year I was approached by Andres Salcedo from Mercedes Benz for a charitable auction an event aimed at raising charitable funds to aid education for children in Zambia. The theme of the work is based on Mercedes Benz the company. The event was hosted by Andres Salcedo the manager of Mercedes Benz of Derby UK. Andres approached me via LinkedIn and asked if I wished to take part, I accepted. My art work titled "Spirit of Mercedes" is inspired by Mercedes Jellinek she was the daughter of the founder Emil Jellinek he named his company and all cars after his daughter Mercedes the artwork is now sold and can be seen via my social media channels. After being made redundant from my job for the 2nd time in 2008 and out of work for 6 months I literally created my work by becoming a self-employed artist, it became my business. I began with a shared studio with a local photographer known as Leading Imagery. Then in 2011 I needed more of my own space so eventually I set up my own studio and art gallery then known as "Muse." I wanted to expand and give more artists opportunities to exhibit, it was wonderful, a whirlwind year but it wasn't smooth running as the recession deepened again just over a year later in 2012. Sadly, I decided to close the gallery, but I was not going to give up my artwork I have been working from my home-based studio since, I continue to exhibit and meet up with the artists who exhibited with me, we all occasionally exhibit at other venues together we are usually drawn together by a local project or a charitable event. I mostly enjoy helping others in need through the selling of my art, usually a charity at least once a year. My usual charity is [#twitterartexhibit](https://twitter.com/artexhibit) for which I do a postcard sized painting every year. I love [#twitterartexhibit](https://twitter.com/artexhibit) founded by David Sandum of Norway they set up an art exhibition in a different country once a year and raise money for a local project which helps others in that area. This year it is Australia and they are supporting Pegasus Riding for the Disabled in Canberra. I'm also an artist designer for VIDA and I agreed to work with them after receiving an invitation to join them as a designer. I like the fact they make a positive change by supporting the factory workers in other countries by funding literacy programs to educate their workers VIDA are also planet friendly and produce ZERO WASTE. I am an artist and I like working on my dreams. Be kind and helpful to others. I like to give advice to my young colleagues "work hard, it may take time to achieve your goals in life, it can also be tough there will be really tough times try to think positively about what you can do to move on to the next chapter, learn from your mistakes and keep reaching for your dreams and never give up."

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Blog ~ <https://artbymandy.wordpress.com>

Biography~ <https://www.artbymandy.com/biography>

### POSITIVE THINKING COLLABORATORS:

- **Yvette Kelley, Founder/Executive Director, Positive Connections To The World, LLC & Achieving Positive Thinking Worldwide, EL DORADO HILLS, CALIFORNIA**
- **Chereese Jervis-Hill/Founder Events to Remember, a division of Events by Chereese, Inc. NEW YORK**
- **Connie Pretula/Owner of ConniePretula.com, CANADA**
- **Mandy-Jayne Ahlfors/Artist, DERBY, UNITED KINGDOM**